

# MHPSS.net Emergency Briefing Afghanistan Crisis (2021)

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## HIGHLIGHTS

- [Afghanistan Flash Appeal: Immediate Humanitarian Response Gaps, September – December 2021](#) by OCHA (2021)
- [Who Does What, Where \(3W\)](#) by OCHA Humanitarian Response
- [Afghanistan Joint Operating Principles - Ensuring the Delivery of Principled Humanitarian Assistance \(revised August 2021\)](#) by OCHA (Available in [English](#) [Pashto](#) [Dari](#))
- [Psychological first aid: Guide for fieldworkers](#) by WHO, War Trauma Foundation & World Vision International
- [MHPSS Emergency Toolkit](#) (2019)

## KEY PAGES FOR UPDATES

- All SitReps can be found [here](#).
- [UNAMA \(United Nations Assistance Mission in Afghanistan\)](#)
- [OCHA Humanitarian Response Afghanistan Page](#)
- [Afghanistan Refugee Situations](#) by UNHCR

## AFGHANISTAN MHPSS EMERGENCY RECRUITMENTS

- Updated recruitments can be found [here](#).

## GENERAL RESOURCES

- **"NEW"** [Psychological First Aid for Young Peers: A handbook](#) by IFRC (2021)
- **"NEW"** [Psychological First Aid for Young Peers: A training manual](#) by IFRC (2021)
- [The Resilience Programme for Young Men: A psychosocial handbook](#) by IFRC (2015)
- [Global Multisectoral Operational Framework for Mental Health and Psychosocial Support of Children, Adolescents and Caregivers Across Settings \[Field Demonstration version\]](#) by UNICEF (2021)
- [Broken Links: Psychosocial support for people separated from family members: A field guide](#) by IFRC Psychosocial Centre (2014)
- [Broken Links: Psychosocial support for people separated from family members – Training module](#) by IFRC Psychosocial Centre (2014)
- [Broken Links: Training module – PowerPoint Presentation](#) by IFRC Psychosocial Centre (2014)
- [Internal Displacement due to Conflict](#) by OCHA Humanitarian Response
- [Health Cluster interactive dashboard](#) by Health Cluster Afghanistan
- [MHPSS Minimum Standard Document Afghanistan](#) by MHPSS Working Group (2020)
- [I Support My Friends Resource Kit](#) by UNICEF, Save the Children, the MHPSS Collaborative and WHO (2021)
- [Save the Children: Psychological First Aid Training Manual for Child Practitioners](#) by Save the Children (2013)
- [Psychological First Aid for Children II: Dealing With Traumatic Responses in Children](#) by Save the Children (2017)
- [Guidelines for Integrating Gender-Based Violence Interventions in Humanitarian Action](#) by IASC (2015)

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## BACKGROUND INFORMATION

- [Experiences that changed my life: the story of an Afghan woman working with a psychosocial project](#) by L. Samadi (2009)
- [The Afghan Symptom Checklist: A Culturally Grounded Approach to Mental Health Assessment in a Conflict Zone](#) by K. Miller (2006)
- [Contextualizing Afghan refugee views of depression through narratives of trauma, resettlement stress, and coping](#) by Q. Alemi et al. (2016)
- [Psychological Distress in Afghan Refugees: A Mixed-Method Systematic Review](#) by Q. Alemi et al. (2013)
- [Mental Health in Postwar Afghanistan](#) by P. Bolton & T. Stichick Betancourt (2004)
- [Daily Stressors, War Experiences, and Mental Health in Afghanistan](#) by Miller et al. (2008)
- [Addressing the Psychosocial Needs of Women in Afghanistan](#) by P. Omidian & K. E. Miller (2006)
- [Child Mental Health, Psychosocial 5 Well-Being and Resilience in Afghanistan: A Review and Future Directions](#) by P. Vetenvogel et al. (2013)
- [Properties of the Hopkins Symptom Checklist-25 \(HSCL-25\) and the Self-Reporting Questionnaire \(SRQ-20\) as screening instruments used in primary care in Afghanistan](#) by P. Vetenvogel et al. (2007)
- [Mental disorder or emotional distress? How psychiatric surveys in Afghanistan ignore the role of gender, culture and context](#) by P. Ventevogel & Hafizullah Faiz (2018)
- [Improving Access to Mental Health Care and Psychosocial Support within a Fragile Context: A Case Study from Afghanistan](#) by P. Vetenvogel et al. (2012)
- [Provision of mental health services in resource-poor settings: a randomised trial comparing counselling with routine medical treatment in North Afghanistan \(Mazar-e-Sharif\)](#) by S. Ayoughi et al. (2012)
- [Developing Basic Mental-Health Modules for Health Care Workers in Afghanistan](#) by P. Ventevogel & F. Kortmann (2004)
- [Community Psychosocial Support in Afghanistan](#) by J. De Berry (2004)
- [Community Systems Strengthening in Afghanistan: a way to reduce domestic violence and to reinforce women's agency](#) by B. van Mierlo (2012)
- [Developing culturally relevant psychosocial training for Afghan teachers](#) by P.A. Omidian (2012)
- [Peace, love, and justice: A participatory phenomenological study of psychosocial well-being in Afghanistan Spozhmay Oriya](#) by M. Bragin et al. (2021)
- [Examining help-seeking patterns within modern and traditional resources for support in Afghanistan](#) by Q. Almeti et al. (2018)
- [Reflecting the potential role of family counselling in addressing emotional issues in Afghan youth](#) by B. Ayubi (2018)

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## RELEVANT RESOURCES IN DARI AND PASHTO

- [Psychological First Aid Guidelines in Dari](#) by IFRC (2018)
- [Programming and M&E for psychosocial interventions – Training in Dari](#) by IFRC Psychosocial Centre (2017)
- [Monitoring and evaluation framework for psychosocial support interventions – Toolbox in Dari](#) by IFRC (2017)
- [Community-based psychosocial support toolkit in Dari](#) by IFRC Psychosocial Centre (2009)
- [Wellbeing tips for Afghan Families arriving in the UK](#) by British Red Cross (Available in [English Dari Pashto](#))
- [Meeting the needs of displaced families living in new countries](#) by El-Khani et al. (2014) (Available in [English Dari](#))
- [Planning, monitoring and evaluation of psychosocial support programs – Training in Dari](#) by IFRC (2017)
- [Monitoring and evaluation framework for psychosocial support interventions – Guidance Note in Dari](#) by IFRC (2017)
- [Monitoring and evaluation framework for psychosocial support interventions – Indicator guide in Dari](#) by IFRC (2017)
- [Homebased Toolkit for PSS support for Children](#) by Save the Children (2020) (Available in [English Dari Pashto](#))
- [INEE Guidance Note on Conflict Sensitive Education](#) by INEE (2013) (Available in [Dari Pashto](#))
- [INEE Minimum Standards for Education: Preparedness, Response, Recovery in Dari](#) by INEE by INEE (2010)
- [Basic Counselling Guideline](#) by Ministry of Public Health Afghanistan (2021) (Available in [Dari Pashto](#))
- [Minimum Standards for Child Protection in Humanitarian](#) by Child Protection Working Group (2012) (Available in [Dari Pashto](#))

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## MHPSS COVID-19 RESOURCES

- [People on the move during COVID-19 – revised guidance](#) by Multiagency (2021)
- [My Hero is You 2021: How kids can hope with COVID-19](#) by IASC (2021)
- [Operational considerations for multisectoral mental health and psychosocial support programmes during the COVID-19 pandemic](#) by IASC (2020)
- [Basic Psychosocial Skills- A Guide for COVID-19 Responders](#) by IASC (2020)
- [Interim IASC Briefing Note Addressing Mental Health and Psychosocial Aspects of COVID-19 Outbreak](#) by IASC (2020) (Available in [English Dari Pashto](#))
- [My Hero is You, Storybook for Children on COVID-19](#) by IASC (2020) (Available in [English Dari Pashto](#))
- [Actions for Heroes A Guide for heart-to-heart chats with children to accompany reading of My Hero is You, How kids can fight COVID-19!](#) by IASC (2021)
- [Management of the Dead Under Islamic Law](#) by ICRC (2020)
- [Communicating with children about death, and helping children cope with grief](#) by The MHPSS Collaborative for Children & Families in Adversity and Child Protection AOR
- [Quick Tips on COVID-19 and Migrant, Refugee and Internally Displaced Children \(Children on the Move\)](#) by UNICEF (2020)
- [Mental Health Messages on Prevention of the Coronavirus Outbreak and Mental Health in Individuals and Communities in Pashto](#) by Ministry of Public Health Afghanistan (2021)
- [Helping Children Coping with Stress during COVID-19 in Dari](#) by WHO (2020)
- [Coping with Stress during COVID-19 in Dari](#) by WHO (2020)

Do you know of any relevant resource that should be here? Please send over to Valeria Florez at [valeria@mhpss.net](mailto:valeria@mhpss.net).

\* This briefing kit will be updated whenever there is a relevant update.