

MoV Full Name	Patient Health Questionnaire-9 <sup>1</sup>
MoV Short Name	PHQ-9
Relevant Goal Impact Indicator(s)	Disabling Distress/Symptoms
Relevant for age ranges	18 years and older
Summary about MoV (including information about screening, monitoring, pre/post etc.)	The PHQ-9 is a 9 item self-report measure of depressive symptoms. The brief measure has been used in multiple settings and validated among multiple cultural groups.
Administration notes & Scoring Instructions (plus any links to scoring templates?; who best to administer)	The PHQ-9 is a self-report measure.  Link to scoring: <a href="https://www.phqscreeners.com/terms">https://www.phqscreeners.com/terms</a>
Summary scoring and interpretations (e.g., expected output from scores and what they will tell you)	The total score can range from 0 to 27, with higher scores indicating greater severity of depression.
Versions/ Related Measures	PHQ-9-modified adolescent version
Limitations	
Developer Disclaimer	The copyright for the PHQ-9 was formerly held with Pfizer, who provided the educational grant for Drs Spitzer, Williams and Kroenke who originally designed it. This is no longer the case and no permission is required to reproduce, translate, display or distribute the PHQ-9.
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Original access point (as at publication date)	Kroenke, K., Spitzer, R. L., & Williams, J. B. (2001). The PHQ-9: validity of a brief depression severity measure. <i>Journal of General</i>

<sup>1</sup> Some of the MoV recommended in this framework (e.g., PHQ-9, GAD-7, PCL-5, RCADS-25, AUDIT, ASSIST) are self-report measures of clinical constructs. These measures are not recommended as a way to estimate exact prevalence of mental health conditions (i.e., how many people have a condition in a population). Studies have shown that self-report measures commonly over-estimate rates of mental health conditions. Error! Reference source not found. Error! Reference source not found. Error! Reference source not found. They are included here because they may be useful to give an approximate indication of an MHPSS programme or project's impact on distress, such as depressive, anxiety and post-traumatic stress symptoms. As mentioned elsewhere in this guide, users of these MoV should give due attention to evidence for validity in the local or in similar contexts before using these measures.

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