

| | |
|--|--|
| MoV Full Name | Oslo 3 Social Support Scale* |
| MoV Short Name | OSSS-3 |
| Relevant Goal Impact Indicator(s) | Social Connectedness |
| Relevant for age ranges | 17 years and older |
| Summary about MoV (including information about screening, monitoring, pre/post etc.) | The Oslo-3 includes three items that are considered to be predictive of mental health and related to social support. It has been used in numerous studies and these have confirmed the feasibility and predictive validity of the measure. It was developed as the outcome of an analysis of 1,717 people in a neighborhood in Norway. |
| Administration notes & Scoring Instructions (plus any links to scoring templates?; who best to administer) | Self-report Link to scoring: https://pubmed.ncbi.nlm.nih.gov/22682023/ |
| Summary scoring and interpretations (e.g., expected output from scores and what they will tell you) | Based on the raw scores, the scale allows a summary score (range 3–14) or categories of social support (strong, average and poor) to be generated. Scores and associated ranges indicate: “poor support” 3–8, “moderate support” 9–11 and “strong support” 12–14 |
| Versions/ Related Measures | |
| Limitations | |
| Developer Disclaimer | |
| Developer/Author contact | Hege Bøen hege.boen@fhi.no <i>Odd Steffen Dalgard</i> odd.steffen.dalgard@fhi.no Espen Bjertness espen.bjertness@medisin.uio.no |
| Original access point (as at publication date) | https://pubmed.ncbi.nlm.nih.gov/22682023/ |

* Despite genuine and repeated attempts, the original developer(s) could not be reached and permission and guidance was not obtained for this measure. It is included here and described in-line with published guidance.