

MoV Full Name	Body Mapping
Qualitative MoV Categories	Mapping
Relevant for age ranges	6-17 years
Summary about MoV	<p>Body Mapping involves a process of creating life-size visual representations that holistically explore peoples' minds and bodies. Body mapping has been used in participatory projects exploring many topics and with many populations including persons living with HIV/AIDS, refugee youth, undocumented workers, persons living with fibromyalgia, survivors of torture, and survivors of gender-based violence. Resources required include sheet paper or large fabric, markers, or other tools to write with.</p>
Administration guidance (plus any links to manuals or methodology)	<p>For administration guidance, please see: Solomon, J. <i>“Living with X”: A body mapping journey in time of HIV and AIDS</i>. Facilitator’s Guide. Psychosocial Wellbeing Series. 2002. Johannesburg: REPSI.</p> <p>Link to guidance: http://www.repsi.org/Resources/Resources.aspx</p>
Limitations	<p>Please be aware that there are several approaches to conducting body mapping. It is also important to be aware of the cultural context when considering Body Mapping. In some settings it may be appropriate for males to lead discussions on body mappings with other males, and females with other females.</p> <p>Also, be aware that Body Mapping can be distressing with certain groups, such as survivors of sexual and gender-based violence, and should only be undertaken with the supervision of providers with expertise in MHPSS and gender-based violence. Ensure that teams are trained to support people in distress and in properly implementing the approach with various groups.</p> <p>Body Mapping is not recommended for use with people with conflict related injuries or where people have lost a limb (e.g., victims of explosive remnants of war).</p>
Resources for further guidance	<p>Cornwall, Andrea (1992). Body mapping in RRA/PRA, RRA notes. In Alice Welbourn (Ed.), <i>RRANotes 16, Special issue on applications for fealth</i> (pp. 69-76). London: International Institute for Environment and Development.</p> <p>Gastaldo, Denise; Magalhães, Lilian; Carrasco, Christine & Davy, Charity (2012a). <i>Body-map storytelling as research: Methodological considerations for telling the stories of undocumented workers through body mapping</i>.</p>