The COVID-19 pandemic is an evolving global crisis and there is much that is still emerging in term of the psychosocial and mental health consequences for the diverse populations affected by this emergency. This toolkit of MHPSS technical resources is based on what is currently available and will be updated as additional resources become available. This second version of the MHPSS.net COVID-19 Toolkit replaces the first iteration released on 6 April 2020.

YOUR FEEDBACK IS ESSENTIAL

Do you have access to other technical resources or documentation of a promising approach? To provide feedback, submit additional resources or request information, please email Marcio Gagliato (marcio@mhpss.net)

You can access the MHPSS.net Tool Kit for COVID-19 Response Version 2.0 on our website.
## 1. Featured Resources

**Page 4** Resources that are most widely used or recently updated by agencies at the forefront of the current COVID-19 MHPSS response globally

## 2. Operational Resources

**Page 6** Inter-Agency Standing Committee (IASC) Resources

**Page 9** Considerations around Loss, Mourning and Burial Practices

**Page 10** MHPSS in COVID-19 Country Response Plans

**Page 12** Remote MHPSS Support

**Page 13** Dealing with Mental Health conditions & other MHPSS Interventions in COVID-19

**Page 16** Human Rights and Stigma in COVID-19

**Page 17** Risk Communication and Community Engagement in COVID-19

**Page 19** Isolation and Quarantine in COVID-19

**Page 20** COVID-19 & Useful Infographics or Storybooks

## 3. Support for Specific Groups

**Page 22** Front-Line Health Care Workers in COVID-19

**Page 24** Children and Adolescents

**Page 24** - Support for Children and Adolescents in COVID-19

**Page 26** - Child and Adolescent Protection in COVID-19

**Page 28** - Education in COVID-19

**Page 29** Migrant, Refugee and Internally Displaced Persons in COVID-19

**Page 30** COVID-19 & Gender

**Page 31** COVID-19 & Persons with Disabilities

**Page 32** COVID-19 and Older Population
• **Basic Training in PFA for COVID-19 Outbreak Response Package** developed by Psychosocial Centre of the IFRC is available [here](#).

• **MHPSS.net's Emergency Toolkit** with Key Global Resources (Not specific to COVID-19) on Mental Health & Psychosocial Support for Humanitarian Emergencies is available [here](#).

• **FOR THE LATEST UPDATES ON THE OVERALL COVID-19 PANDEMIC SITUATION SEE:**

  • The World Health Organization COVID-19 page
  • COVID-19 Global Situation Dashboard (Johns Hopkins University)
Inter-Agency Standing Committee (IASC) Resources

- **Operational Considerations for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic.** Author: IASC (29 May 2020)


- **Interim Technical Note: Protection from Sexual Exploitation and Abuse (PSEA) during COVID-19 Response – Version 1.0.** Author: IASC (31 March 2020)

- **Interim Guidance: Gender Alert for COVID-19 Outbreak.** Author: IASC RG for Gender in Humanitarian Action (31 March 2020)

- **Interim Guidance: Public Health & Social Measures for COVID-19 Preparedness and Response in Low Capacity & Humanitarian Settings v.1.** Author: IASC (May 2020)

- **Interim Guidance: Public Health & Social Measures for COVID-19 Preparedness and Response in Low Capacity & Humanitarian Settings v.1.** Author: IASC (March 2020)

- **IASC System-Wide Scale-Up Protocols Adapted to Respond the COVID-19 Pandemic.** Author: IASC (17 April 2020)

- **Identifying & Mitigating Gender-Based Violence Risks within the COVID-19 Response.** Author: IASC (6 April 2020)


- **Information note on how to include MHPSS in Humanitarian Response Plans and Country Plans.** Author: IASC MHPSS Reference Group (March 2020)

- **Orientation slides on IASC Interim Guidance Note on MHPSS Aspects of Covid-19.** Author: IASC (March 2020)
Inter-Agency Standing Committee (IASC) Resources

* My Hero is You: Storybook for Children on COVID-19. Author: IASC (31 March 2020)

Acholi Albanian Arabic Amazigh Amharic Aranese Armenian Azerbaijani
Bahasa Indonesia Bahasa Malaysia Bangla Bangla West Bengal
Bulgarian Burmese Catalan Cham Vietnamese Chinese Cornish
Croatian Czech Dari Dhivehi Dutch Ede Vietnamese
English Esperanto Estonian Farsi French Georgian German Greek
Gujarat Guayanese Creole Hoi Vietnamese Hausa Hiligaynon
Hindi Hungarian Icelandic Irish IsiZulu Italian Jamaican Japanese
Jarai Vietnamese Kannada Kanuri Khmer Vietnamese Kinyarwanda
Korean Kosraean Kurdish Kurmanji Kurdish Sorani Latvian Luganda Macedonian
Malagasy Mauritian Creole Meitei Mayek Mong Vietnamese Mongolian Ndebele
Nepali Norwegian Papiamentu Bonaire Papiamentu Curaçao Pashto Polish
Portuguese Punjabi Quechua Romanian Russian Sango Serbian
Shuwa Arabic Latin Shuwa Arabic Script Sinhala Slovak Slovene Somali
Spanish Swahili Swedish Tagalog Tamil Telugu Tetum Thai Thai Vietnamese

Tibetan Tigrinya Tigrinya Ethiopia Tok Pisin Turkish Ukrainian Urdu Uzbek Vietnamese Welsh

Audio versions in multiple languages are available here.
Considerations around Loss, Mourning and Burial Practices

- **“Psychology Works” Fact Sheet: Grief, Bereavement and COVID-19.** Author: Canadian Psychological Association (12 May 2020)

- **Mourning for a Loved One When You Cannot Attend Funeral Services.** Authors: Save the Children & Child Protection AoR (10 May 2020)

- **Management of the Dead Under Islamic Law.** Author: ICRC (21 April 2020)

- **Relearning Ways To Grieve.** Author: Harvard Gazette (21 April 2020)

- **Assessing key considerations for burial practices, death and mourning in epidemics.** Author: Social Science in Humanitarian Action (April 2020)

- **Key considerations: dying, bereavement and mortuary and funerary practices in the context of COVID-19.** Author: Social Science in Humanitarian Action (April 2020)

- **Guidance on safe religious practice for Muslim communities during the coronavirus pandemic.** Author: Islamic Relief Worldwide (April 2020)

- **Palliative Care Guidelines for COVID19.** Author: Task Force in Palliative Care (April 2020)

- **Implications of COVID19 - Patients and Family at the End of Life.** Author: Marie Cure (April 2020)

- **Contacting Relatives by Phone to Communicate Death of a Patient.** Author: University of Oxford (March 2020)

- **How to tell children that someone has died.** Author: University of Oxford (March 2020)
MHPSS in COVID-19 Country Response Plans

- **Bolivia - COVID-19 Response Plan from the United Nation System in Bolivia** [In Spanish]. Author: United Nations Bolivia (20 May 2020)

- **Indonesia - Multi-Sectoral Response Plan to COVID-19 Indonesia**
  **May-October 2020.** Author: OCHA (15 May 2020)

- **Philippines - COVID-19 Humanitarian Response Plan.** Author: Philippines Humanitarian Country Team (11 May 2020)

- **Pakistan - Humanitarian Response Plan for COVID-19 Pandemic**
  Author: OCHA Pakistan (11 May 2020)


- **Bahamas - MHPSS Activities (ppt presentation).** Author: Thompson (May 2020)

- **Sudan - COVID-19 Country Preparedness and Response Plan**
  Author: Sudan Humanitarian Country Team (May 2020)

- **Honduras - COVID-19 Humanitarian Response Plan [In Spanish]**
  Author: Honduras Humanitarian Country Team (May 2020)

- **New Zealand - COVID-19 Health and Disability System Response Plan.** Author: New Zealand Government (19 April 2020)

- **Venezuela - Intersectoral COVID-19 Preparedness and Response Plan.** Author: OCHA (10 April 2020)

- **Peru - Technical Guide for the Care of Mental Health of the Affected Population, Families and the Community in the context of COVID-19 [In Spanish].**
  Author: MoH Peru (9 April 2020)

- **Chile - MHPSS Considerations during COVID-19 [In Spanish].**
  Author: MoH Chile (April 2020)

- **Uganda - National Guidelines for Management of COVID-19**
  Author: MoH Uganda (April 2020)

- **Kenya - Comprehensive Guide on MHPSS for COVID-19 Pandemic**
  Author: MoH Kenya (April 2020)

- **Zimbabwe - COVID-19 Contingency Plan & Guidance Note**
  Author: Child Protection Zimbabwe Sub-Sector (April 2020)

- **El Salvador - COVID-19 Humanitarian Response Plan [In Spanish]**
  Author: United Nations El Salvador (April 2020)

- **Ecuador - COVID-19 Humanitarian Response Plan [In Spanish].**
  Author: Ecuador Humanitarian Country Team (April 2020)


- **Bangladesh National Guidelines on Clinical Management of Coronavirus Disease 2019 (Covid-19) v.4.** Author: Disease Control Division, Directorate General of Health Services, Ministry of Health & Family Welfare & Government of the People’s Republic of Bangladesh (30 March 2020)

- **Occupied Palestine Territory - COVID-19 Response Plan.** Author: Palestine Humanitarian Country Team (27 March 2020)

- **Palestine - National Response Plan for COVID-19.** Author: Ministry of Education (March 2020)

- **Afghanistan - COVID-19 Multi-sector Humanitarian Country Plan.** Author: UN Afghanistan (24 March 2020)

- **Syria - Protection considerations for quarantine facilities Protection and Community Services Sector.** Author: Child Protection, Protection and Community Services Sectors inside Syria & GVB Sub-Sector Syria (23 March 2020)

- **Lebanon - MHPSS Response to the COVID-19 Outbreak.** Author: MoH Lebanon (20 March 2020)

- **Malawi - National COVID-19 Preparedness and Response Plan.** Author: Ministry of Disaster Management Affairs and Public events, Ministry of Health & UN HCT (March 2020)

- **Puerto Rico - COVID-19 Preparedness and Response Plan [In Spanish].** Author: Health Department of Puerto Rico (March 2020)

- **Ukraine - Emergency Response Plan for the COVID-19 Pandemic.** Author: OCHA (March 2020)

- **Guatemala - Prevention, Containment and Response Plan to the Coronavirus Case (COVID-19) in Guatemala [In Spanish].** Author: MoH Guatemala (March 2020)

- **Iraq - UAC/Alternative Care Guidance for the COVID-19 Situation - Iraq Child Protection Sub-Cluster.** Author: Child Protection AoR (2020)

  *Arabic, English*
Remote MHPSS Support

- Remote Psychological First Aid during the COVID-19 outbreak, Author: Psychosocial Centre - International Federation of Red Cross and Red Crescent Societies (23 March 2020)
  English, German, Italian, Portuguese, Serbian

- Delivering Psychological Treatment to Children via Phone: A Set of Guiding Principles Based on Recent Research with Syrian Refugee Children, Author: McEwen et al. (22 May 2020)


- Telehealth Tips: Managing Suicidal Clients During the COVID-19 Pandemic, Author: SP-TIE & CPI (March 2020)

- Telehealth Implementation Playbook, Author: American Medical Association (2020)

- Guidance on Tele Mental Health for mental health services and practitioners, Author: Mental Health Reform (14 April 2020)

- Delivering Psychological Treatment to Children via Phone: A Set of Guiding Principles Based on Recent Research with Syrian Refugee Children, Author: McEwen et al. (22 May 2020)

- Training of Mental Health Volunteers to Offer Emotional Support to Medical Professionals Working in Covid-19 Isolation Units, Author: Baron (28 March 2020)

- Training of Mental Health Volunteers to Answer Helplines Responding to Patients in Covid-19 Isolation Units – Egypt, Author: Baron (28 March 2020)

- Course: Providing Psychological Care Remotely, Author: WHO & EQUIP Initiative

- Course: Supervision of Helpers for Remote MHPSS, Author: WHO & EQUIP Initiative

- Contacting Relatives by Phone to Report Death, Author: University of Oxford (March 2020)

- A Guide for the Remote Treatment & Rehabilitation of Torture and Trauma Survivors, Author: Center for Rehabilitation of Victims of Violence and Torture – Lebanon (March 2020)
  Bangala, English, French, German, Italian, Portuguese, Serbian

- Telehealth Tips: Managing Suicidal Clients During the COVID-19 Pandemic, Author: SP-TIE & CPI (March 2020)

- Online mental health services in China during the COVID-19 outbreak, Author: Liu et al. (18 February 2020)

Resources from Previous Outbreaks

- WHO Guideline: recommendations on digital interventions for health system strengthening, Author: WHO (10 July 2019)

- Preventing suicide, A resource for establishing a crisis line, Author: WHO (2018)

- Framework for the Implementation of Telemedicine Service, Author: PAHO/WHO (June 2017)

- Defining evaluation indicators for telemedicine as a tool for reducing health inequities: Study and results of a community of practice, Author: PAHO/WHO (June 2017)

- Digital Health Investment Review Tool, Author: Maternal & Child Survival Program


- Telemedicine for Developing Countries A Survey and Some Design Issues, Author: Combi et al. (2016)
Dealing with Mental Health conditions and other MHPSS Interventions in COVID-19

- **Clinical Management of COVID-19 Interim Guide.** Author: WHO (27 May 2020)
- **Research Brief COVID-19 and the Drug Supply Chain: From Production and Trafficking to Use.** Author: UNODC (11 May 2020)
- **Doing What Matters in Time of Stress: An Illustrated Guide.** Author: WHO (28 April 2020)
- **Fact-Sheet: Alcohol and COVID-19: What You Need to Know.** Author: WHO/PAHO (14 April 2020)
- **Suggestions about Treatment, Care and Rehabilitation of People with Drug Use Disorder in the Context of the COVID-19 Pandemic.** Author: UNODC (30 March 2020)
- **Mental Health and Psychosocial Considerations During the COVID-19 Outbreak.** Author: WHO/PAHO (18 March 2020)
- **Basic Training in PFA for COVID-19 Outbreak Response Package developed by IFRC & RCS is available here.**
- **Guidance for Mental Health and Psychosocial Support for COVID-19.** Authors: Africa Union & Africa CDC (29 May 2020)
- **Guidelines on Psychosocial Care for Infectious Disease Management.** Author: Korean Society for Traumatic Stress Studies (May 2020)
- **MHPS Considerations During COVID-19 Pre-Outbreak Response in South Sudan.** Author: MHPSS Technical Working Group (30 April 2020)
- **Reporting on Suicide During the COVID-19 Pandemic.** Author: IASP (6 April 2020)
- **COVID-19 Operational Guidance Note Mental Health and Psychosocial Support (MHPSS) within Health Programs.** Author: IRC (6 April 2020)
- **Psychological Intervention Guide Intervening in the Context of Infectious Disease Outbreaks.** Authors: Cénat et al. (5 April 2020)
Dealing with Mental Health conditions and other MHPSS Interventions in COVID-19 (contd.)

- **Taking a Psychosocial Approach to Epidemic Response.** Author: Social Science in Humanitarian Action (April 2020)

- **Stress in the Time of Corona.** Author: Jones (April 2020)

- **Stress and Coping With the Coronavirus (COVID-19).** Author: AMHR, Johns Hopkins University (31 March 2020)

- **COVID-19 Disease Emergency Operational Instructions for Mental Health Departments Issued by the Italian Society of Epidemiological Psychiatry.** Author: Italian Society of Epidemiological Psychiatry (28 March 2020)

- **Guidance for Psychological Professionals During the Covid-19 Pandemic.** Authors: PPN et al. (28 March 2020)

- **Living With Worry and Anxiety Amidst Global Uncertainty.** Author: Psychology Tools (20 March 2020)

- **Opioid Treatment Program (OTP) Guidance for Patients Quarantined at Home with the Coronavirus.** Author: SAMHSA (20 March 2020)

- **COVID-19: Interim Considerations for State Psychiatric Hospitals.** Author: SAMHSA (18 March 2020)

- **Taking Care of Patients During the Coronavirus Outbreak: A Guide for Psychiatrists.** Author: CSTS (March 2020)

- **“Psychology Works” Fact Sheet: Working from Home During COVID, With and Without Children.** Author: Canadian Psychological Association (March 2020)

- **“Psychology Works” Fact Sheet: Psychological Impacts of the Coronavirus (COVID-19).** Author: Canadian Psychological Association (March 2020)

**Research Papers**

- **Psychiatric and Neuropsychiatric Presentations Associated with Severe Coronavirus Infections: A Systematic Review and Meta-Analysis with Comparison to the COVID-19 Pandemic.** Authors: Rogers et al. (18 May 2020)

- **Using Social and Behavioural Science to Support COVID-19 Pandemic Response.** Authors: Van Bavel et al. (30 April 2020)

- **Suicide Risk and Prevention During COVID-19 Pandemic.** Author: Lancet Psychiatry (21 April 2020)

- **Multidisciplinary Research Priorities for the COVID-19 Pandemic: A Call for Action for Mental Health Science.** Author: Lancet Psychiatry, multiple authors (15 April 2020)
Dealing with Mental Health conditions and other MHPSS Interventions in COVID-19 (contd.)

- **Suicide Mortality and Coronavirus Disease 2019 – A Perfect Storm?**
  Author: Reger et al. (10 April 2020)

- **The Importance of Mental Health Training for Psychologists in COVID-19 Outbreak**.
  Authors: Shojai & Masoumi (29 March 2020)

- **The Risk and Prevention of Novel Coronavirus Pneumonia Infections Among Inpatients in Psychiatric Hospitals**.
  Authors: Zhu et al. (25 March 2020)

- **The Emotional Impact of Coronavirus 2019-nCoV (New Coronavirus Disease)**.
  Authors: Lima et al. (12 March 2020)

- **Immediate Psychological Responses and Associated Factors During the Initial Stage of the 2019 COVID-19 Epidemic Among the General Population in China**.
  Authors: Wang et al. (6 March 2020)

- **The COVID-19 Outbreak Crucial Role the Psychiatrists Can Play**.
  Author: Debanjan Banerjee (6 March 2020)

- **Mental Health Strategies to Combat the Psychological Impact of COVID-19 Beyond Paranoia and Panic**.
  Authors: Ho et al. (March 2020)

- **Psychological Interventions for People Affected by the COVID-19 Epidemic**.
  Authors: Duan & Zhu (18 February 2020)

- **Recommended Psychological Crisis Intervention Response to the 2019 Novel Coronavirus Pneumonia Outbreak in China: A Model of West China Hospital**.
  Authors: Zhang et al. (15 February 2020)

- **Coronaphobia: Fear and the 2019-nCoV Outbreak**.
  Authors: Asmundson & Taylor (10 February 2020)

- **Letter to the Editor: Iranian Mental Health During the COVID-19 Epidemic**.
  Authors: Zandifar & Badrfam (24 February 2020)

- **2019-nCoV Epidemic: Address Mental Health Care to Empower Society**.
  Authors: Bao et al. (7 February 2020)

- **A Novel Approach of Consultation on COVID-19-Related Psychological and Mental Problems: Structured Letter Therapy**.
  Author: Xiao (5 February 2020)

**Resources from Previous Outbreaks:**

- **Psychosocial support during an outbreak of Ebola virus disease**.
  Author: Psychosocial Centre of the IFRC (12 July 2018)

- **Psychosocial support in Ebola Lessons learned**.
  Author: IFRC (July 2016)

- **Post-traumatic Stress Disorder in Parents and Youth After Health-Related Disasters**.
  Author: Sprang & Silman (10 September 2012)

- **Psychological First Aid During Ebola Virus Disease Outbreaks**.
  Authors: WHO, CBM, World Vision & UNICEF (2014)

- **Building Back Better Sustainable Mental Health Care After Emergencies**.
  Author: WHO (2015)
Human Rights & Stigma in COVID-19

- **COVID-19 Impact on Trafficking in Persons - Technical Guidance Note.** Author: International Federation of Red Cross and Red Crescent Societies (11 June 2020)

- **COVID-19 & Human Rights.** Author: United Nations (April 2020)

- **IASC Interim Guidance on COVID-19: Focus on Persons Deprived of Their Liberty (developed by OHCHR & WHO).** Author: IASC (27 March 2020)


- **COVID-19 Global Immigration Detention Platform.** Author: Global Detention Project

- **Human Rights and Protection Considerations COVID-19 - South Sudan.** Author: UN Office of the High Commissioner for Human Rights (25 March 2020)

- **Preparedness Prevention and Control of COVID-19 in Prisons and Other Places of Detention.** Author: WHO (15 March 2020)

- **Rights, Roles and Responsibilities of Health Workers During COVID-19.** Author: WHO (03 March 2020)

- **Social Stigma Associated with COVID-19.** Authors: UNICEF, WHO & IRC (24 February 2020)

- **Ethical Decision-Making in the Face of COVID-19.** Author: International Federation of Social Workers (7 April 2020)


- **Key Protection Concerns - Ethiopia.** Author: National Protection Cluster Ethiopia (23 March 2020)

- **Localised Response to COVID-19 Global Pandemic.** Author: Alliance for Empowering Partnership (23 March 2020)

- **Coronavirus: Healthcare and Human Rights of People in Prison.** Author: Penal Reform International (16 March 2020)

- **Key Considerations: COVID-19 in Informal Urban Settlements.** Author: Social Science in Humanitarian Action (March 2020)

**Research Papers**

- **Structural Violence in the Era of a New Pandemic: The Case of the Gaza Strip.** Author: Mills et al. (27 March 2020)

- **Ebola and Healthcare Worker Stigma.** Author: Wester & Giesecke (25 January 2018)

- **The H1N1 Pandemic: Media Frames, Stigmatization and Coping.** Author: McCauley et al (5 December 2013)

- **The Experience of SARS-related Stigma at Amoy Gardens.** Author: Lee S et al. (25 May 2005)

- **Fear and Stigma - The Epidemic within the SARS Outbreak.** Author: Person et al. (February 2004)
Risk Communication and Community Engagement in COVID-19

- **Community-Based Health Care, Including Outreach & Campaigns, in the Context of the COVID-19 Pandemic.** Authors: IFRC, UNICEF & WHO (May 2020)

- **Practical considerations and recommendations for religious leaders & faith-based communities in the context of COVID-19.** Author: WHO (7 April 2020)

- **How Your Community Can Prevent the Spread of COVID-19.** Author: IFRC, UNICEF & WHO (31 March 2020)

- **Information Note COVID-19 and NCDs.** Author: WHO (22 March 2020)

- **Risk Communication and Community Engagement - COVID-19.** Author: UNHCR (21 March 2020)

- **Risk Communication and Community Engagement Readiness and Response to Coronavirus Disease.** Author: WHO (19 March 2020)


- **How to Include Marginalised and Vulnerable People in Risk Communication and Community Engagement.** Author: Risk Communication and Community Engagement Working Group on COVID-19 Preparedness and Response in Asia and the Pacific (15 March 2020)

- **The COVID-19 Risk Communication Package for Healthcare Facilities.** Author: WHO (10 March 2020)

- **Coronavirus Disease (COVID-19) Focus Group Discussion Guide for Communities.** Author: UNICEF (05 March 2020)

- **Getting Your Workplace Ready for COVID-19.** Author: WHO (3 March 2020)

- **Minimum Quality Standards and Indicators in Community Engagement.** Author: UNICEF (March 2020)

- **Coronavirus Disease (COVID-19): Key Tips and Discussion Points for Community Workers and Volunteers.** Author: WHO, UNICEF, IFRC (20 February 2020)

- **Compliance with Physical Distancing Measures for COVID-19 and Implications for RCCE in Eastern and Southern Africa.** Author: Social Science in Humanitarian Action (April 2020)

- **Community Engagement From a Distance.** Author: Shongjog (30 March 2020)
Risk Communication and Community Engagement in COVID-19 (contd.)

- **Interim Guidance for Administrators and Leaders of Community- and Faith-Based Organizations to Plan, Prepare, and Respond to Coronavirus Disease 2019 (COVID-19).** Author: Centers for Disease Control and Prevention (21 March 2020)


- **Implementation of Mitigation Strategies for Communities with Local COVID-19 Transmission.** Author: Centers for Disease Control and Prevention (12 March 2020)

- **Interim Considerations for Infection Prevention and Control of Coronavirus Disease 2019 (COVID-19) in Inpatient Obstetric Healthcare Settings.** Author: Centers for Disease Control and Prevention (10 March 2020)

- **Infectious Disease Toolkit for Continuums of Care.** Author: The U.S. Department of Housing and Urban Development (March 2020)

- **Interim COVID-19 Guidance for Homeless Service Providers.** Author: CDC (March 2020)

- **Using Behavioral Science to Help Fight the Coronavirus.** Author: Lunn et al. (March 2020)

- **Interim COVID-19 Guidance for Homeless Shelters.** Author: NYC Health (March 2020)

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**Resources from Previous Outbreaks**

- **The Factors Affecting Household Transmission Dynamics and Community Compliance with Ebola Control Measures.** Authors: Caleo et al. (December 2018)
Isolation and Quarantine in COVID-19

- **Psychological Support during Disease Outbreak – People Who are Being Quarantined (English).** Author: Hong Kong Red Cross (February 2020)

- **Psychological Effects of Quarantine During the Coronavirus Outbreak.** Author: The Center for the Study of Traumatic Stress (February 2020)

**Research Papers**

- **Life in the Pandemic: Social Isolation and Mental Health.** Author: Usher et al. (6 April 2020)

- **The Psychological Impact of Quarantine and How to Reduce It: Rapid Review of the Evidence.** Author: Brooks et al (26 February 2020)

- **Psychological Effects of Quarantine During the Coronavirus Outbreak: What Public Health Leaders Need to Know.** Author: CSTS (March 2020)

- **The Psychological Effects of Quarantining a City.** Author: Rubin & Wessely (28 January 2020)

**Resources from Previous Outbreaks**

- **Social Consequences of Ebola Containment Measures in Liberia.** Author: Pellecchia et al (December 2018)

- **The Factors Affecting Household Transmission Dynamics and Community Compliance with Ebola Control Measures.** Author: Caleo et al. (December 2018)

- **Mental Health Status of People Isolated Due to Middle East Respiratory Syndrome.** Author: Jeong et al. (5 November 2016)

- **Tips for Social Distancing, Quarantine, And Isolation During An Infectious Disease Outbreak.** Author: SAMHSA (2014)

- **Understanding, compliance and psychological impact of the SARS quarantine experience.** Author: Reynolds et al (30 July 2007)

- **Is Quarantine Related to Immediate Negative Psychological Consequences During the 2009 HINI Epidemic.** Author: Wang et al. (2011)

- **SARS Control and Psychological Effects of Quarantine, Toronto, Canada.** Author: Hawryluck et al. (July 2004)
COVID-19 & Useful Infographics or Storybooks

- **My Hero is You, Storybook for Children on COVID-19.** Author: IASC (31 March 2020). Other languages available at page 8. Audio versions (multiple languages) click here.

- **Psychological Coping During a Disease Outbreak - For Families, Friends, Colleagues of Those in Quarantine or Self-Isolation.** Author: Psychosocial Centre - International Federation of Red Cross and Red Crescent Societies (30 March 2020)

- **Coping with Stress during the 2019-nCoV Outbreak.** Author: WHO (12 March 2020)
  Arabic, Armenian, Bangla, Bulgarian, Chinese, English, French, Greek, Portuguese, Romanian, Russian, Spanish, Turkish, Ukrainian

- **Helping Children Cope with Stress During the 2019-nCoV Outbreak.** Author: WHO (12 March 2020)
  English, Portuguese, Spanish

- **Explaining COVID-19 to Kids Through Comics.** Author: Save the Children (May 2020)
  Arabic, English

- **Hey COVID! I’m Ready to Cheat You.** Author: Faria (May 2020)
  English, Portuguese

- **The Sewing Lesson.** Author: Lederman (May 2020)

- **How to take care of your child?** Author: Cerda Institute (April 2020)
  Arabic, English, French, Farsi, Hindi, Haitian Creole, Punjabi, Spanish, Swahili

- **Learn about Coronavirus and COVID-19.** Author: St. Jude Children’s Research Hospital (2020)

- **What is The Covid-19 Virus.** Author: McGuiness (17 March 2020)

- **What Nathan and His Friends Can Do.** Author: Bamforth (March 2020)
  English, Spanish, Portuguese

- **"The Flying Scientist".** Author: Rosa (February 2020)

- **Noah Henry: A Rainbow Story.** Author: Lederman (2020)

- **Child-Friendly Explanation of Coronavirus.** Author: Mindheart (2020)
  Arabic, Chinese, Croatian, Danish, Dutch, Egyptian, English, French, German, Greek, Hebrew, Hungarian, Indonesian, Italian, Japanese, Portuguese, Romanian, Russian, Serbian, Turkish, Welsh

- **I Can’t Go to School but I Can Do Lots of Things.** Author: O’Sullivan (2020)

Resources from Previous Outbreaks:
SUPPORT FOR SPECIFIC GROUPS
Front-line health care workers in COVID-19

- **Supportive Supervision During COVID-19**, Author: Psychosocial Centre of the IFRC (May 2020)

- **Mental Health and Psychosocial Considerations - Key actions for National Societies on Caring for Volunteers in COVID-19**, Author: Psychosocial Centre of the IFRC (1 April 2020)

- **Interim Guidance: Supportive Supervision for volunteers providing MHPSS during COVID-19**, Author: Psychosocial Centre of the IFRC (April 2020)

- **ICRC - Guidance note for ICRC Staff Health on Psychological Support**
  Author: ICRC (March 2020)

- **MHPSS for Staff, Volunteers and Communities in an Outbreak of Novel Coronavirus**, Author: IFRC PSS Center (6 February 2020)

- **Psychological Coping during Disease Outbreak Healthcare professionals and first responders**, Author: Hong Kong Red Cross (February 2020)

- **Responding to Stress Experienced by Hospital Staff Working with Covid-19**
  Author: The King’s Fund (4 April 2020)

- **“Psychology Works” Fact Sheet: Emotional and Psychological Challenges Faced by Frontline Health Care Providers During the COVID-19 Pandemic**, Author: Canadian Psychological Association (April 2020)

- **Optimising Staff Preparedness, Wellbeing, and Functioning During the COVID-19 Pandemic Response**, Author: Cole-King et al (March 2020)


**Research Papers**

- **The Experience of Health-Care Providers During the COVID-19 Crisis in China: A Qualitative Study**, Authors: Liu et al. (29 April 2020)

- **Pre-incident Training to Build Resilience in First Responders: Recommendations on What to and What Not to Do**, Authors: Wild et al. (27 April 2020)

- **Occurrence, Prevention, and Management of the Psychological Effects of Emerging Virus Outbreaks on Healthcare Workers: Rapid Review and Meta-Analysis**, Author: Kisely et al. (23 April 2020)

- **Factors Associated With Mental Health Outcomes Among Health Care Workers Exposed to Coronavirus Disease 2019**, Author: Lai et al. (23 March 2020)

- **The Effects of Social Support on Sleep Quality of Medical Staff Treating Patients with Coronavirus Disease 2019 (COVID-19) in January and February 2020 in China**, Authors: Xiao et al. (5 March 2020)

- **Mental health care for medical staff in China during the COVID-19 outbreak**, Author: Chen Q. et al. (18 February 2020)

- **The Mental Health of Medical Workers in Wuhan, China Dealing with the 2019 Novel Coronavirus**, Author: Kang et al. (05 February 2020)
Resources from Previous Outbreaks


- **Caring for Volunteers A Psychosocial Support Toolkit.** Author: Psychosocial Centre of the IFRC (2014)

- **Depression After Exposure to Stressful Events - Lessons Learned from the Severe Acute Respiratory Syndrome Epidemic.** Author: Liu et al. (2012)

- **The Psychological Impact of the SARS Epidemic on Hospital Employees in China - Exposure, Risk Perception, and Altruistic Acceptance of Risk.** Author: Wu et al. (May 2009)

- **The Relevance of Psychosocial Variables and Working Conditions in Predicting Nurses’ Coping Strategies During the SARS Crisis.** Author: Marjanovic et al. (28 February 2006)

- **Survey of Stress Reactions Among Health Care Workers Involved with the SARS Outbreak.** Author: Bai et al. (September 2004)
CHILDREN & ADOLESCENTS:
Support for Children in COVID-19

  English, Spanish


- Communicating with Children About Death, and Helping Children Cope with Grief. Authors: The MHPSS Collaborative for Children & Families in Adversity and Child Protection AoR (24 April 2020)
  English, French, Portuguese, Spanish


- Toolkit to Spread Awareness and Take Action on COVID-19. Author: UNICEF (1 April 2020)

  Arabic, English, Spanish, Swahili, French

  Albanian, English

- 7 Ways employers can support working parents during the coronavirus disease (COVID-19) outbreak. Author: UNICEF (23 March 2020)

- Tips for Engaging Adolescents and Youth in the COVID-19 Response. Author: UNICEF (March 2020)


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- “Psychology Works” Fact Sheet: Helping Teens Cope with the Impacts of and Restrictions Related to COVID-19. Author: Canadian Psychological Association (March 2020)
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- **Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease 2019 (COVID-19).** Author: NCTSN (March 2020)

- **First Aid for Feelings: A workbook to Help Kids Cope During the Coronavirus Pandemic.** Author: Yale Study Center & Scholastic Collaborative for Child and Family Resilience (2020)

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**Research Papers**

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- **Applying Palliative Care Principles to Communicate with Children About COVID-19.** Author: Weaver et al. (2020)

- **From Helpless to Hero: Promoting Values-Based Behavior and Positive Family Interaction in the Midst of COVID-19.** Authors: Szabo et al. (2020)

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- **Playing to Live: Outcome Evaluation of a Community-based Psychosocial Expressive Arts Program for Children During the Liberian Ebola Epidemic**
  Author: Decosimo et al. (26 March 2019)
CHILDREN & ADOLESCENTS:
Child & Adolescent Protection in COVID-19

- **Technical Note on COVID-19 and Harmful Practices.** Author: UNICEF (17 April 2020)
- **Social Services Workforce Safety and Wellbeing During the COVID-19 Response - Recommended Actions.** Author: Authors: UNICEF et al. (April 2020)
- **Inter-Agency Working Group on Violence Against Children: Agenda for Action.** Author: Inter-Agency Working Group on Violence Against Children (April 2020)
- **Child Protection Emergency Preparedness & Response Guidance to COVID-19.** Author: UNICEF East Asia & Pacific Region (March 2020)
- **Technical Note: Child Helplines and the Protection of Children During the COVID-19 Pandemic.** Author: The Alliance for Child Protection in Humanitarian Action (27 May 2020)
- **Key Messages and Considerations for Programming for Children Associates with Armed Forces or Armed Groups During the COVID-19 Pandemic, v.1.** Author: The Alliance for Child Protection in Humanitarian Action (23 May 2020)
- **Child and Adolescent Survivors of Sexual Violence and COVID-19 Key Considerations and Practical Guidance.** Author: Child and Adolescent Survivors Initiative (15 May 2020)
- **COVID-19: Protecting Children from Violence, Abuse, and Neglect in the Home v.1.** Authors: The Alliance for Child Protection in Humanitarian Action et al. (May 2020)
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- **Technical Note: COVID-19 and Child Labour.** Author: The Alliance for Child Protection in Humanitarian Action (May 2020)
- **Technical Note: Protection of Children during the Coronavirus Pandemic (v.1).** Author: Alliance for Child Protection in Humanitarian Action (March 2019)
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  - Turkish
- **COVID-19 and Children’s Rights.** Author: HRW (9 April 2020)
- **Protection of Children during the COVID-19 Pandemic - Children and Alternative Care.** Better Care Network et al. (9 April 2020)
- **COVID-19 Guidance for Interim Care Centres.** Author: Save the Children (April 2020)
- **Message for Governments: Coordinating the Protection of Children during the COVID-19 Response.** Author: Child Protection AoR (April 2020)
Child & Adolescent Protection in COVID-19 (contd.)

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- **Child Protection Case Management Guidance During COVID - 19 Somalia.**  
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- **COVID-19 Global Online Safety Advice for Parents and Carers.**  
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- **Parental Engagement in Children’s Learning**. Author: UNICEF (May 2020)

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- **COVID-19 : 10 Recommendations to Plan Distance Learning Solutions**. Author: UNESCO (6 March 2020)

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Migrant, Refugee & Internally Displaced People in COVID-19

- **Reducing the Impact of the COVID-19 Pandemic on Internally Displaced People (IDPs).** Authors: IFRC & ICRC (May 2020)

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- **Interim Guidance: Supporting the Continuity of Health and Nutrition Services in the context of a COVID-19 in Refugee Settings.** Author: UNHCR (2 April 2020)

- **The COVID-19 Crisis: Key Protection Messages.** Author: UNHCR (01 April 2020)

- **Children on the Move in East Africa: Research Insights to Mitigate COVID-19.** Author: UNICEF (21 March 2020)

- **COVID-19 Camp Management Operational Guidance.** Author: UN OCHA (19 March 2020)


- **Forced Migration, SGBV and COVID-19.** Author: Pertek et al. (May 2020)

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- **The Impact of COVID-19 on Refugees in Greece.** Author: Refugee Trauma Initiative (June 2020)

- **Psychosocial Well-Being of Migrants in Shelters.** Author: Mariwala Health Initiative & Basic Needs India (April 2020)

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- **Guidance for the Prevention of COVID-19 Infections Among High-Risk Individuals in Camps and Camp-Like Settings.** Author: London School of Hygiene and Tropical Medicine (31 March 2020)

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- **Refugee and Migrant Health in COVID-19 Response.** Author: Kluge et al. (18 April 2020)

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- **Supporting and Responding to Forcibly Displaced Children: Training Module for Child Helpline Counsellors.** Author: Child Helpline International & UNHCR (2017)

- **Operational Guidance Mental Health & Psychosocial Support Programming for Refugee Operations.** Author: UNHCR (September 2012)
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- **Prevention and Response to Sexual and Gender-Based Violence in COVID-19**, Author: IFRC (11 June 2020)


- **Identifying & Mitigating Gender-based Violence Risks within the COVID-19 Response**, Author: IASC (6 April 2020)


- **COVID-19 and Ending Violence Against Women and Girls**, Author: UN Women (6 April 2020)

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- **Interim Technical Note: Protection from Sexual Exploitation and Abuse (PSEA) during COVID-19 Response - Version 1.0**, Author: IASC (31 March 2020)
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- **Interim Guidance: Gender Alert for COVID-19 Outbreak (developed by the IASC Reference Group for Gender in Humanitarian Action)**, Author: IASC (31 March 2020)
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- **Age, Gender and Diversity Considerations - COVID-19**, Author: UNHCR (21 March 2020)

- **COVID-19: Protection, Gender & Inclusion Considerations**, Author: IFRC (March 2020)
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- **Feminist Approaches to Specialized Mental Health Care for Survivors of Gender-based Violence**, Author: GBV AoR (29 May 2020)

- **Developing Key Messages for Communities on GBV & COVID-19**, Author: GBV AoR (7 April 2020)


- **MHPSS Considerations for Staff working on GBV prevention, mitigation and response during COVID-19 Crisis**, Author: GBV AoR (April 2020)


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COVID-19 & Persons with Disabilities


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- **COVID-19 Resource Key advocacy messages, questions to ask on inclusion and signpost to resources to learn more**, Author: CBM International (27 March 2020)


- **Toward a Disability-Inclusive COVID-19 Response: 10 Recommendations from the International Disability Alliance**, Author: International Disability Alliance (19 March 2020)


- **COVID-19 and Deafblindness Recommendations on Inclusive Policies From the Global Deafblind Community**, Author: WFDB, EDbU, AFDB & FLASC (2020)

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- **Preparing for and Responding to Pandemic Influenza: Implications for People With Disabilities**, Author: Campbell et al. (October 2009)**

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**MHPSS.NET COVID-19 TOOLKIT 2.0**
COVID-19 & Older Populations

- **Operational Considerations for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic.** Author: IASC (29 May 2020) On page 31 there is a dedicated section to MHPSS considerations for older adults.


- **COVID-19: Guidance and Advice for Carers of Older People at Home.** Author: HelpAge International (23 April 2020)

- **Older People and COVID-19 in Low-and Middle-Income Countries and Humanitarian Settings.** Authors: HelpAge International & Age International (18 March 2020)

- **Covid-19 - Guidance and Advice for Older People.** Author: HelpAge (17 March 2020)
  
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- **Protecting Older People During the Coronavirus (Covid-19) Pandemic.** Author: HelpAge International (16 March 2020)
  
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- **Guidelines for Care Homes for Older People in the Context of Coronavirus (COVID-19).** Author: HelpAge International (16 March 2020)
  
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- **COVID-19 Pandemic: Key Messages for Advocacy.** Author: HelpAge International (15 March 2020)

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- **COVID-19 and the Consequences of Isolating the Elderly.** Author: Armitage & Nellums (19 March 2020)

- **Mental Health Services for Older Adults in China During the COVID-19 Outbreak.** Authors: Yang et al. (18 February 2020)
The Mental Health & Psychosocial Support Network (MHPSS.net) is a global platform for connecting people, networks and organizations, and for sharing resources and knowledge related to mental health and psychosocial support both in emergency settings and in situations of adversity.

MHPSS.net, in partnership with PAHO and SOS Children’s Village, has also developed toolkits on MHPSS & COVID-19 with resources in Spanish and Italian respectively.

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