

**Support people who
have symptoms to
self-isolate
and to go for testing**

**Hope, love and care
build resilience in
children and families**

**Protect yourself and
those around you.
Follow advice from your
Ministry of Health
or any reliable source**

**Be supportive,
help avoid
stigma and
discrimination**

**Talk to
someone
if you are
worried**

**“
Support each
other during the
Coronavirus
outbreak”**