Disability Inclusive MHPSS

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Why bringing Inclusion into MHPSS?
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Examples:

- Mental health care by mental health specialists (psychiatric nurse, psychologist, psychiatrist, etc.).
- Basic mental health care by PHC doctors. Basic emotional and practical support by community workers.
- Activating social networks
  - Communal traditional supports
  - Supportive child-friendly spaces
- Advocacy for basic services that are safe, socially appropriate and protect dignity.

Intervention pyramid:

- Specialised services
- Focused (person-to-person) non-specialised supports
- Strengthening community and family supports
- Social considerations in basic services and security

MH PSS
It’s also important because...
A few positive experiences of our work on DID MHPSS
CBM-trained mental health nurse, Sahr Mortatay Momoh (left), visits a patient at home.
Mr. Kaikai, secretary of the Association of Service Users and Family members in Sierra Leone, the first DPO of its kind in the country
Mental Health Unit at Primary Care Centre in Ache, Indonesia
CBM is providing regular counselling sessions integrated in the inclusive clinic.
HHoT
Humanitarian Hands-on Tool
Step-by-step practical guidance on inclusive humanitarian field work

cbm.org/HHoT
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THANK YOU!