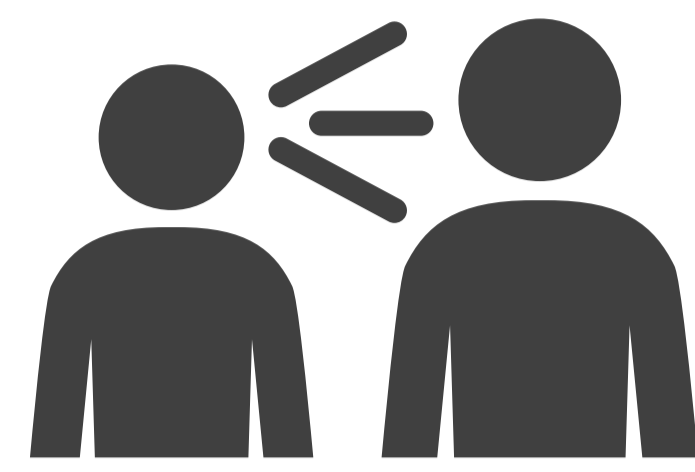


Building Sustainable Community Based Psychosocial and Socio-Economic Support Services for PWSMDE and their Households



03 PATIENT SUPPORT GROUP FORMATION

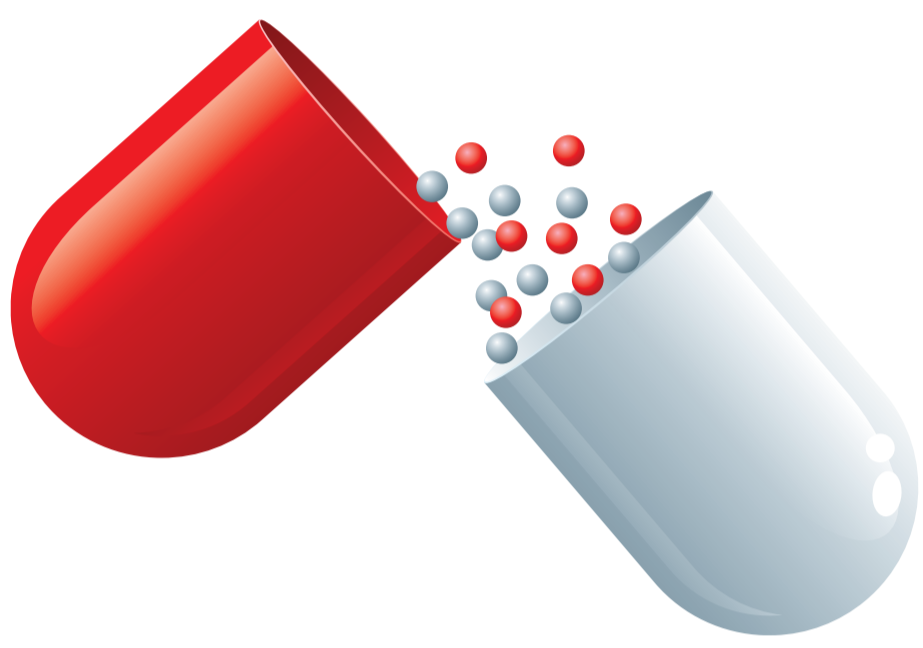
Meeting focus:

Dynamics of group formation, election of leaders to manage groups which meet twice a month

Leadership training on group dynamics, organizational skills, book keeping, communication, entrepreneurship

Meeting agenda: Basic mental health, psychosocial awareness; the role of patients and caregivers in patient's care; importance of attending clinics regularly and adherence to treatment

The project trained 20 CORPS who facilitate 12 support groups. On average 277 patients (97 males, 180 females) attend PSGs each month.



02 HEALTH FACILITY SERVICES

Clinical services

Screening, assessment, diagnosis, medication, psychotherapy for 162 patients in the cohort and 580 others

Psycho education

given to patients, caregivers and health care workers in basic mental health

The project has increased knowledge and strengthened capacity of over 22 health care workers in basic mental health to support clinical recognition, assessment, and management of mental illnesses including general health care practitioners.



01 RAISING AWARENESS

Audience: Community, health centers, Civil Society Organizations, schools, faith and cultural institutions on health seeking behavior

Actors- Trained health care workers, social workers, CDOs and Community Resource Persons (CORPS)

Aim: Encourage people with mental health illness to seek medical attention at designated health centres; fight myths that discourage patients from seeking treatment and reduce stigma

The project has equipped actors for effective campaigns on the provision of correct knowledge on mental illness, treatment options, and referrals.

Between 800-1000 people are reached each month in awareness activities.

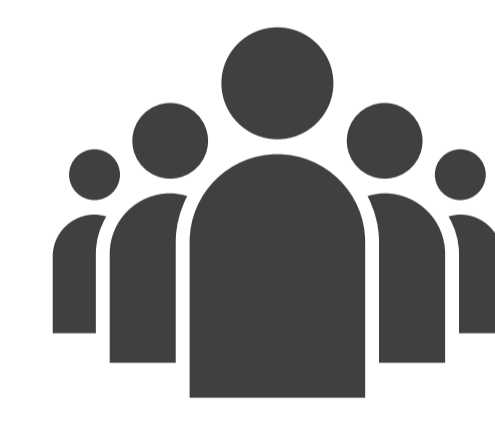


04 SOCIO ECONOMIC IMPROVEMENT

Building household livelihoods

16 PSGs passed the readiness checklist and have been trained in village savings and loans management.

The groups are now ready to receive their startup grants for microenterprises (handicrafts, poultry and livestock, horticulture)



05 SELF LED GROUPS

Networks of support

Peer to Peer support, mentorship, awareness raising, community education, referrals and follow ups

The project empowered social workers, Community Resource Persons, and Community Development Officers to successfully transition group leaders to assume leadership of Patient Support Groups.

TPO Uganda is the social capital component lead for the Mental Health Beyond Facilities (mhBeF) project, which aims to establish psychosocial and socio-economic support services for PWSMDE and their households through Patient Support Groups (PSGs). The secretariat is based at Makerere University School of Public health.



Makerere University School of Public Health

TPO Uganda