

From Relief to Self-Reliance



Mental Health and Psychosocial Support for Children and Youth in the Context of the Syria Crisis

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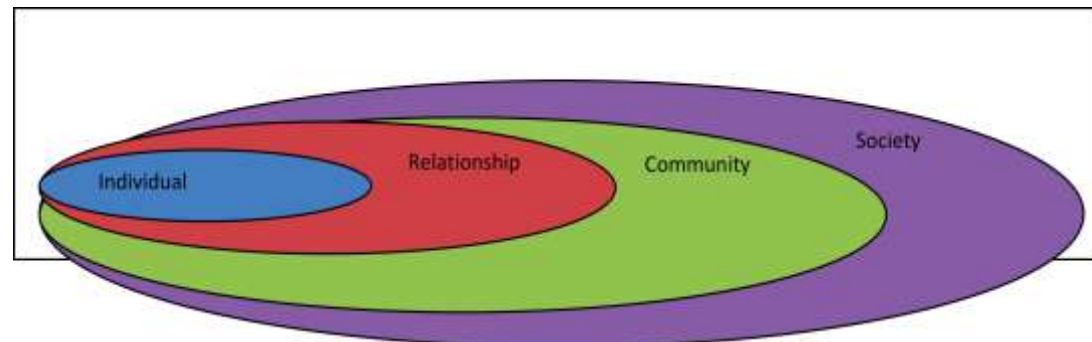
IMC Programs that address MHPSS needs of children and adolescents

- Syrian Crisis: Urban and camp based refugee populations (Jordan, Lebanon, Turkey, Syria, Iraq)
- Integrating mental health in general health care
 - MH training for health care providers and supportive staff
 - MH Case management
- Early Childhood Development
- Youth/child friendly spaces
- Activities and skills building for youth



Integrating MH into General health Care and Case Management

- Integrated MH services with general health care (mhGAP)
- MH case management, community links and referrals



Educational MHPSS materials

التبول اللا إرادي

قصة فادي و أم فادي

عن هذا الكتيب
يشكل هذا الكتيب مورداً يوفّر للأسر السعودية المقربة على الإرضي
التي تأتي بعض المعوقات حول الصحة النفسية.



لا أعلم العيب، إما أنا خطأ
أصبحت أجد من البران الذين
يرون الشرفاء مشورة سيام كل
يوم. كجدة من الرادة التي
تقوم من عراسي.

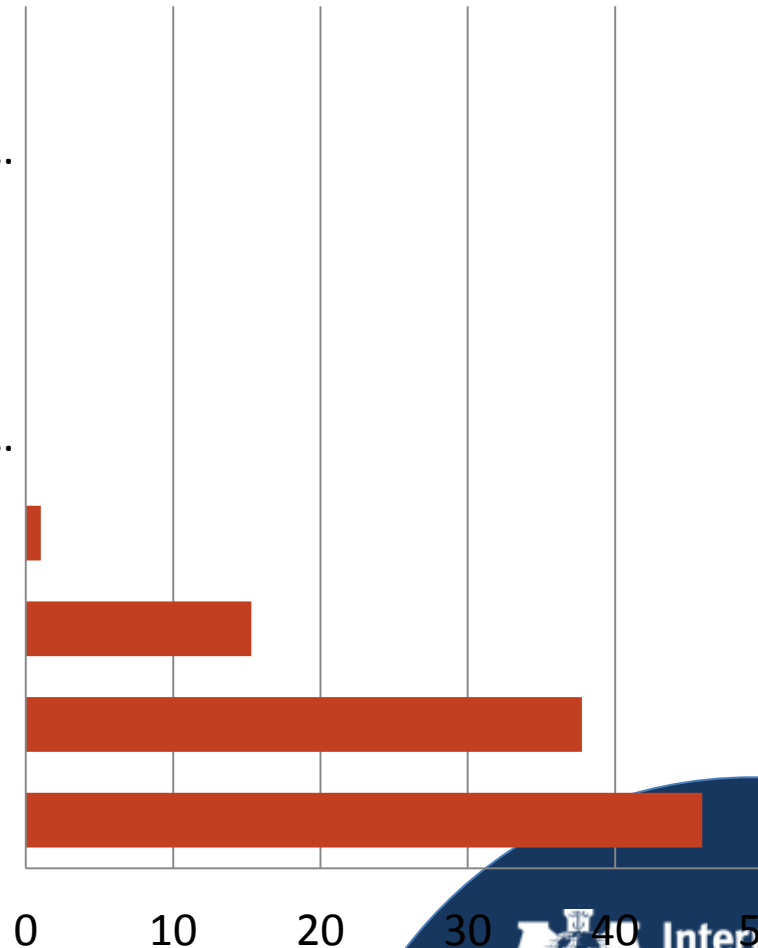


لقد حاولت الأصوم الماضي، أن أتحدث إليه بهنو، وأن أطلب منه .
لكن دون جدوى ففكرت أن أصنع له هدية . لا بل التفتت
بالفضيحة أمام لكن الأمر ارتد سواد.

روني يولمي ويتأخر معي طوال الوقت حتى أنه طلب مني أن أحم
لغادي خاتماً فين اليوم وهكذا أول عامي نفسي ساء. الصبر والتكر
والثوبية ... لا أعرف ما العمل ؟ ما الحل ؟ هذا إذا كان هناك حل
أسد للتبول اللا إرادي.

Mental Health Problems Among Displaced Syrian Children (<18 years)

Other Psychological Complaint
Medically Unexplained Somatic...
Behavioral Disorders
Psychotic Disorders
Alcohol and other Substance Abuse...
Other Disorders
Severe Emotional Disorders
Epilepsy
Developmental Disorders



Early Childhood Development (ECD)

- ECD group sessions for caregivers (mothers and fathers)



Early Childhood Development
Love, play, and communication
IMC Ethiopia 2009

Child and Adolescent Friendly Spaces

- Structured activities and opportunities
- Supported by Syrians with various skills and backgrounds



Youth Activities and Skills Building

- Youth Empowerment Program (YEP)
- Community centers and spaces
 - Classes and courses
 - Social opportunities
 - Creative outlets
 - Access to information





Lessons Learned and Recommendations

- Integrated and stepped MH services and supports -including access points
- Increase capacity for services and supports for children with developmental disorders and their parents
- Participation and contribution of Syrian population
- Focus on developing skills and capacities of Syrians
- Ecological model and strengths based models as a frameworks
- Expand child and adolescent friendly spaces and activities in urban areas

