



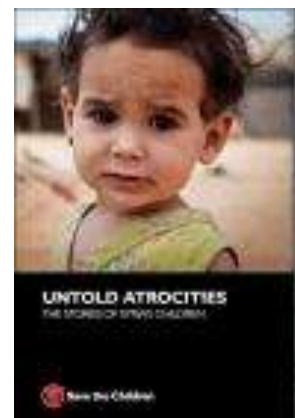
The
CENTER for
VICTIMS of
TORTURE

Group work with Children and Youth: CVT's work in Jordan and Ethiopia

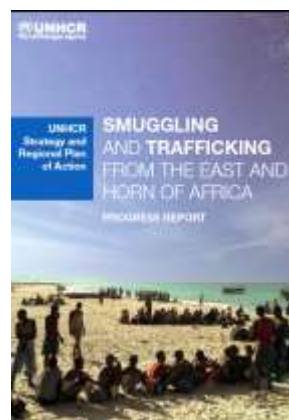
Ann Willhoite, International Clinical Advisor

CVT's work in Jordan and Ethiopia

- Jordan
 - 2009-present
 - Sharp increase in need for children of all ages
 - Torture, war, human rights violations



- Ethiopia
 - 2013-present
 - Smuggling/trafficking
 - unaccompanied minors
 - Mostly adolescents



Emphasis of CVT programming

Specialised
Services: Group
and individual
counseling

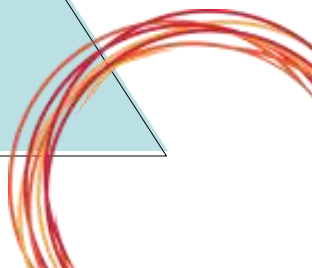
Focused, non-specialized
supports: CVT conducts PFA as
necessary, community outreach
workers, and social workers

Community and family supports:
CVT facilitates community healing
activities and ceremonies, targeted
community education events on
MHPSS topics, and training

Basic services and security:
CVT advocates for the needs of the community, and for
basic needs to be provided in a supportive, ethical, and
empowering way

Training &
Clinical
Supervision

CVT and the MHPSS Intervention Pyramid



Core CVT Principles:

- Culturally and contextually relevant
- Emphasis on training and supervision
- Focus on high-risk clients
- Ethical assessment
- Human rights
- Not diagnosis focused
- Focus on functioning

The CVT model



- Training and clinical supervision
 - Stepped-care model
 - Local counselors receive ongoing supervision and training from a clinical expert
 - Refer cases and seek supervision
 - Training and supervision as a factor in sustainability
 - Creating a contextually appropriate interpretation
 - Training for the creation of a MHPSS workforce long after CVT leaves
 - Supporting local MH systems
 - Ensures culturally relevant interventions

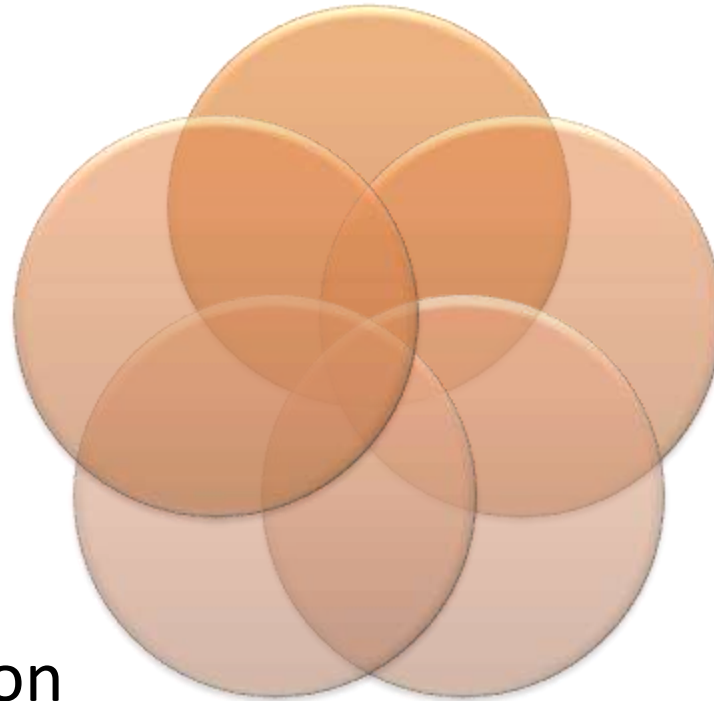
The CVT model



Systems
Approach

Caregivers
Included

Body-based
and creative



Psycho Education

Appropriate
Assessment

CVT Principles of working with Children



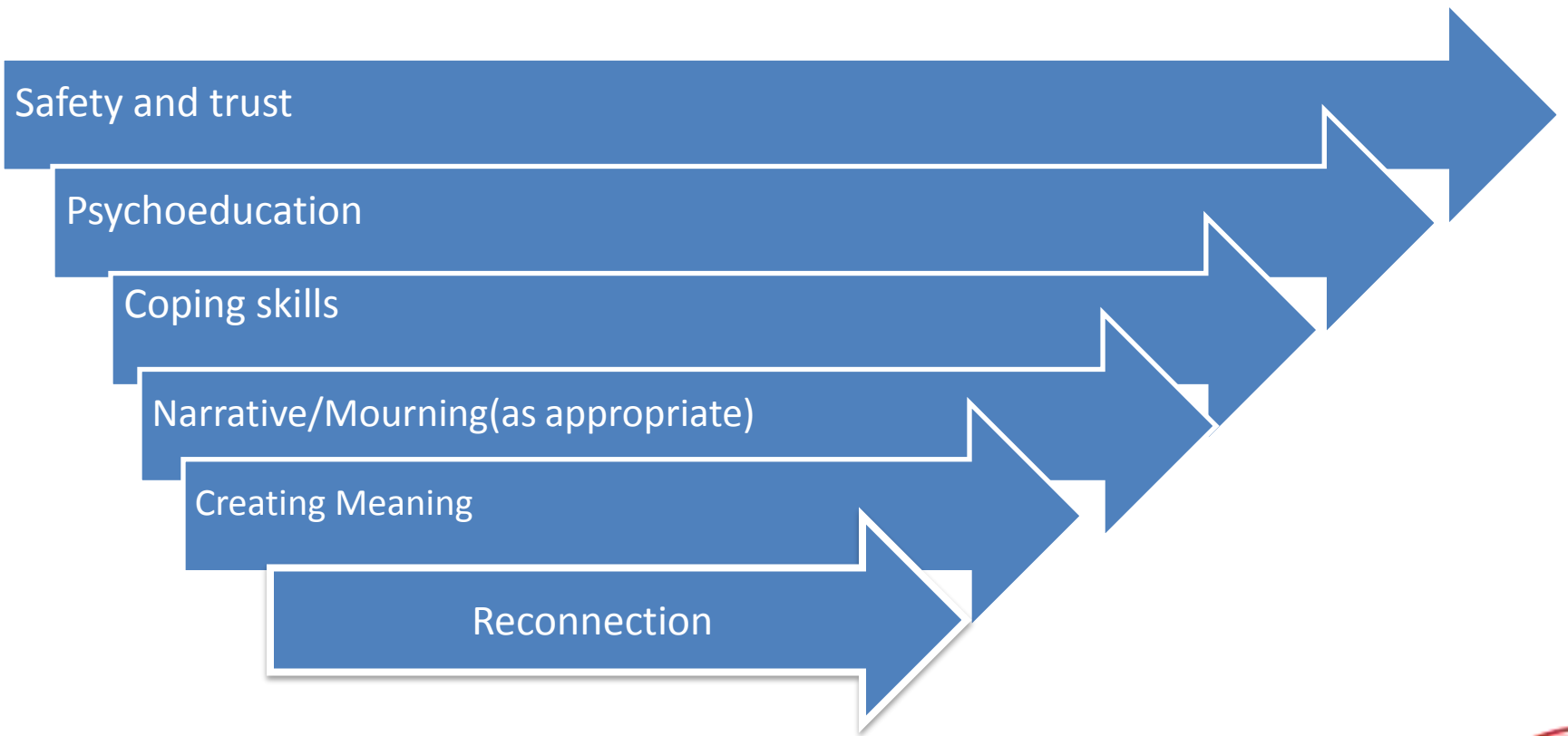
Counseling intervention

Intervention Structure

- Group counseling, focus on relationships
- Delivered by 2 local psychosocial counselors
- 10 weeks
- Physiotherapy included
- Caregivers included with emphasis on creating “healing environment”
- Strengths-based

Clients

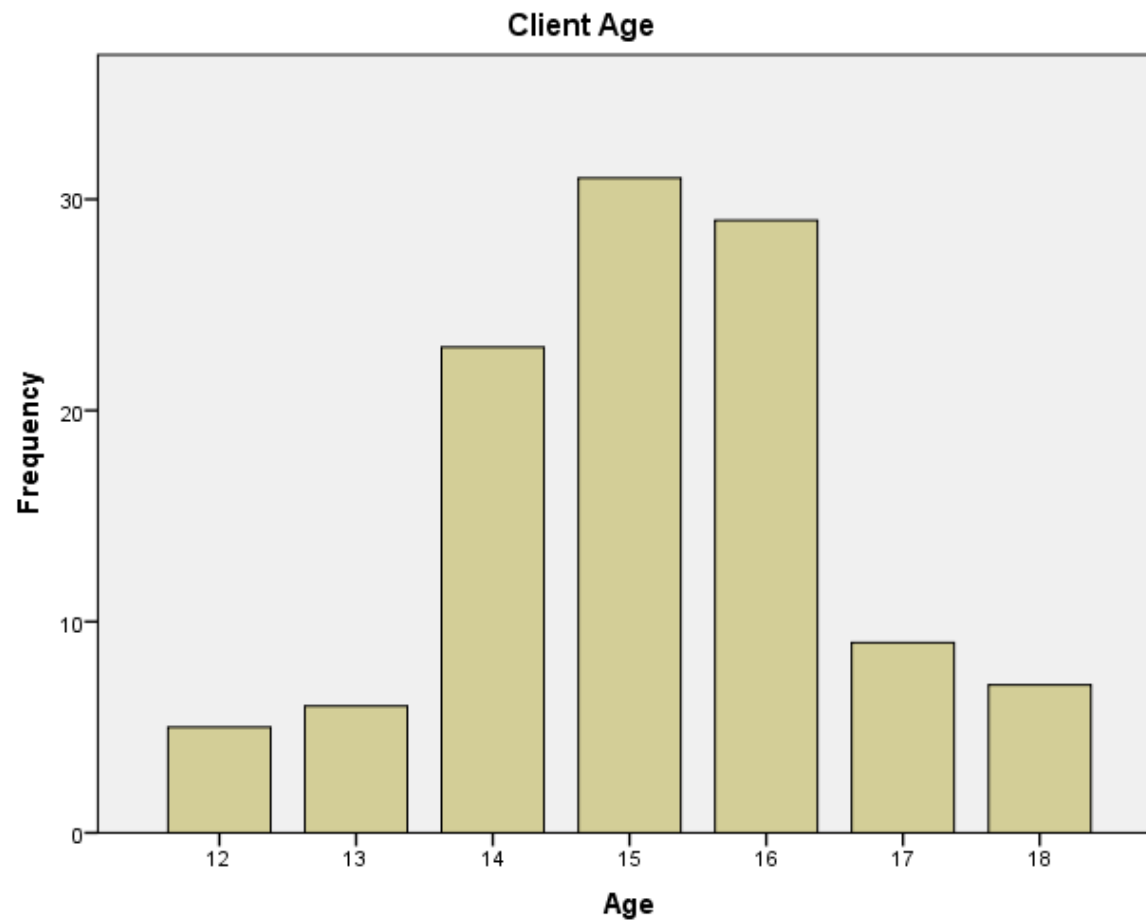
- Children grouped by age
- Severe challenges in daily functioning (but still able to participate in groups)
- Have experienced significant distress
- both community based and center-based



The CVT model

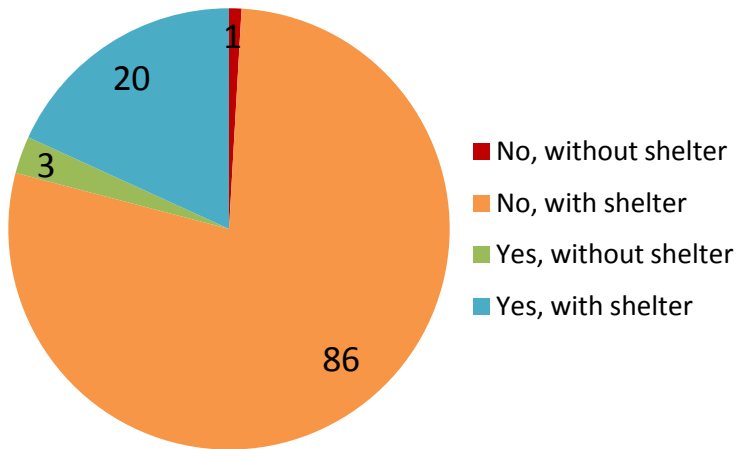


Ethiopia

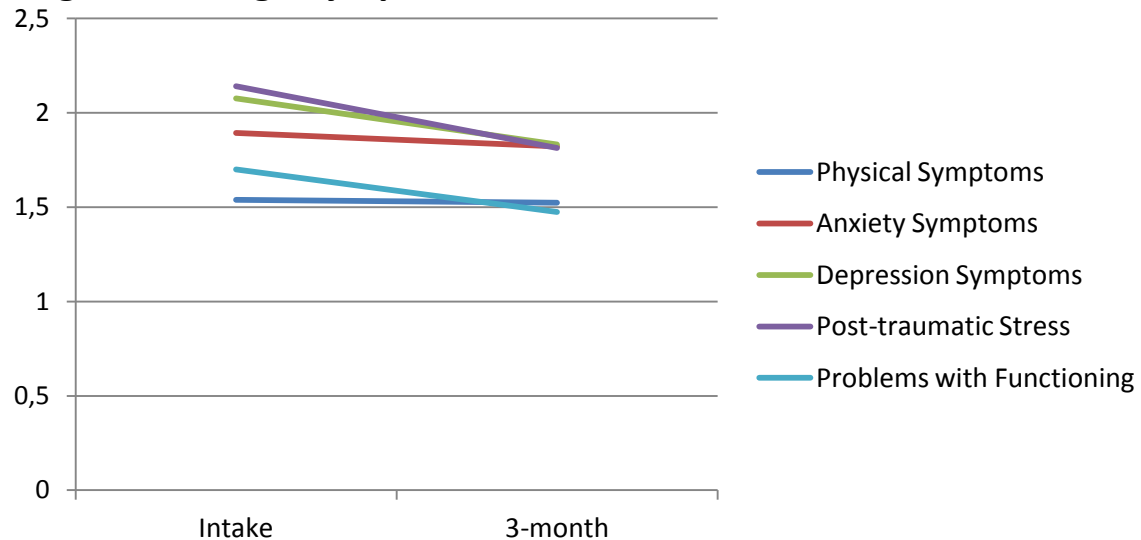


Ethiopia

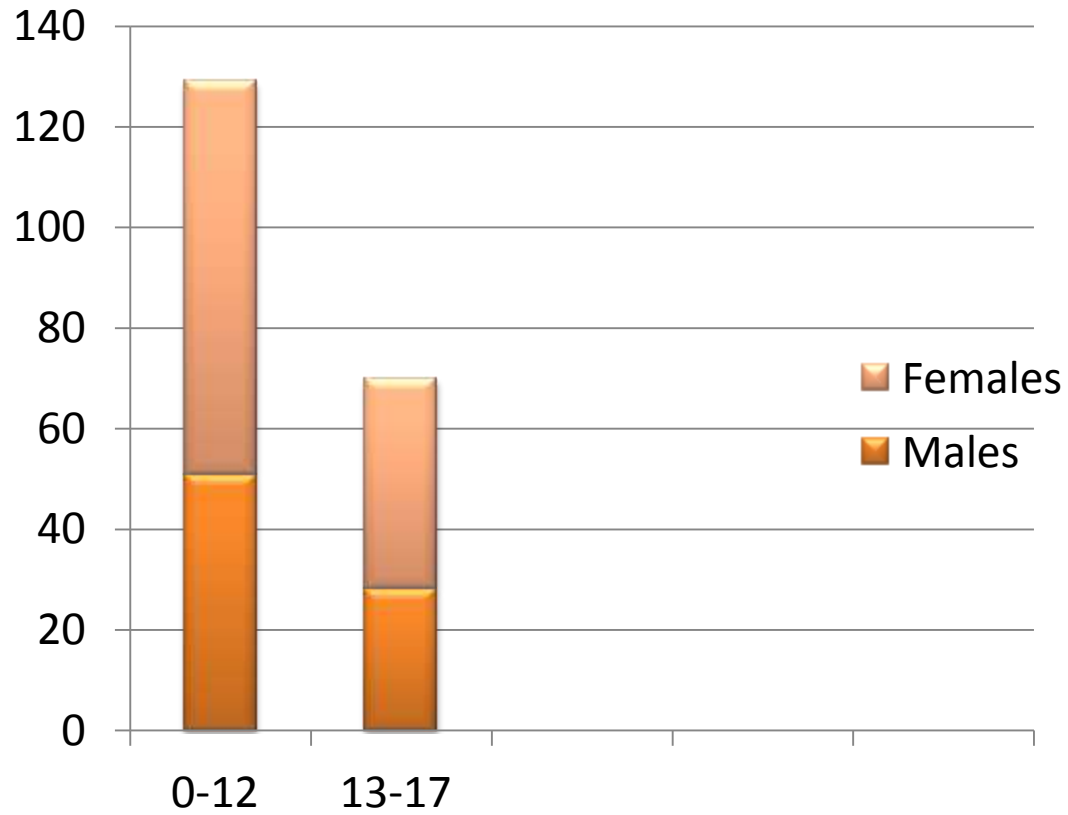
Is the client living alone? (N=110)



Change in Average Symptom Scores from Intake to 3-month Follow-Up (N=32)



Jordan



Next (or in-progress) steps

- Refine assessment tool
- Creation of manual in Jordan
- Further collaboration on physiotherapy and mental health services
- Training ARRA and Jordan health systems



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THANK YOU