

Psychosocial scale for psychosocial programs' evaluation (emergency context)

This questionnaire is a compilation of already existing psychosocial monitoring tools or questionnaires. Before being used, this questionnaire should be translated, piloted and adapted to the context of intervention.

Caution: This questionnaire needs piloting and appropriate data analysis

I Emotional questions

1) Subjective well being

a. Mood (extracted from *Positive Affects and Negative affects Scale- PANAS*)

The scale below consists of a number of words that describe different feelings and emotions. Read each tem and then mark how you have felt this way today in the space next to that word.

	Very slightly or Not at all	A little	Moderately	Quite a bit	Extremely
interested					
distressed					
excited					
upset					
strong					
guilty					
scared					
hostile					
enthusiastic					
proud					
irritable					
alert					
ashamed					
inspired					
nervous					
determined					
attentive					
jittery					
active					
afraid					

b. Feeling about yourself (extracted from *Satisfaction with life Scale- SWLF*)

Below are five statements with which you may agree or disagree. Indicate your agreement with each item by placing the appropriate number on the line preceding that item. Please be open and honest in your responding.

	Strongly disagree	Disagree	Slightly disagree	Neither agree nor disagree	Slightly agree	Agree	Strongly agree
1. In most ways my life is close to my ideal.							
2. The conditions of my life are excellent.							
3. I am satisfied with my life.							
4. So far I have gotten the important things I want in life.							
5. If I could live my life over, I would change almost nothing.							

c. A little more about you... (extracted from *Social Desirability Scale- SDS*)

Please now read each statement and tell if you agree or not.

	Disagree	Agree
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1. It is sometimes hard for me to go on with my work if I am not encouraged.		
2. I sometimes feel resentful when I don't get my way.		
3. On a few occasions, I have given up doing something because I thought too little of my ability.		
4. There have been times when I felt like rebelling against people in authority even though I knew they were right.		
5. No matter who I'm talking to, I'm always a good listener.		
6. There have been occasions when I took advantage of someone.		
7. I'm always willing to admit it when I make a mistake.		
8. I sometimes try to get even rather than forgive and forget.		
9. I am always courteous, even to people who are disagreeable.		
10. I have never been irked when people expressed ideas very different from my own.		
11. There have times when I was quite jealous of the good fortune of others.		
12. I am sometimes irritated by people who ask favors of me.		
13. I have never deliberately said something that hurt someone's feelings.		

2) Self-esteem (extracted from *Self esteem Scale*)

Below are ten statements with which you may agree or disagree. Indicate your agreement with each item. Please be open and honest in your responding.

	Strongly disagree	Disagree	Agree	Strongly agree
1. I feel that I am a person of worth, at least on an equal basis with others.				
2. I feel that I have a number of good qualities.				
3. All in all, I am inclined to feel that I am a failure.				
4. I am able to do things as well as most other people.				
5. I feel I do not have much to be proud of.				
6. I take a positive attitude toward myself.				
7. On the whole, I am satisfied with myself.				
8. I wish I could have more respect for myself.				
9. I certainly feel useless at times.				
10. At times, I am no good at all.				

3) Hope and optimism (extracted from *Value in Action Scale- VIA*)

Below are nine statements with which you may agree or disagree. Indicate your agreement with each item.

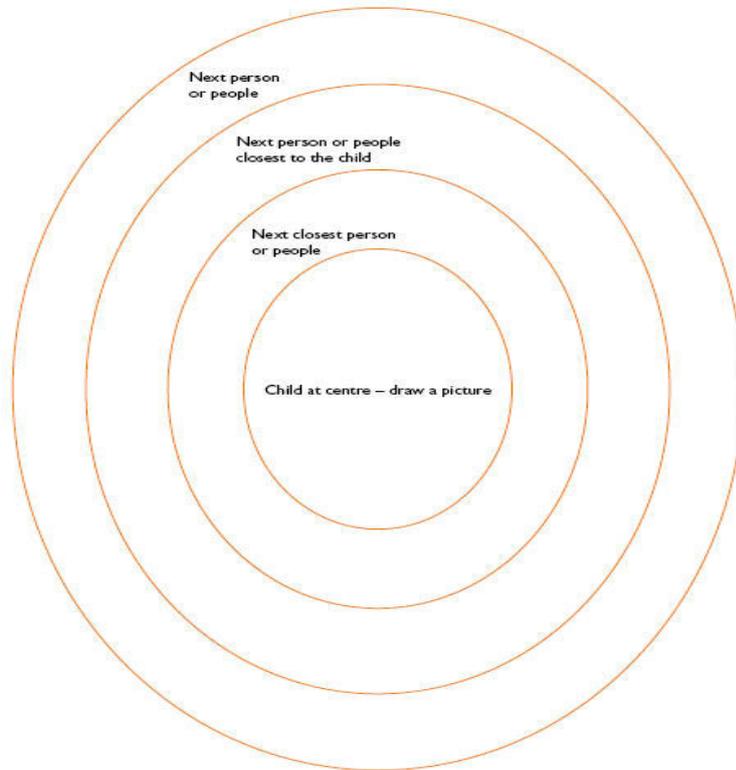
	Very slightly or Not at all	A little	Moderately	Quite a bit	Extremely
1. Look on the bright side.					
2. Can find the positive in what seems negative to others.					
3. Remain hopeful despite challenges.					
4. Will succeed with the goals I set for myself.					
5. Think about what is good in my life when I feel down.					
6. Expect the worst.					
7. Have no plan for my life five years from now.					
8. Am not confident that my way of doing things will work out for the best.					
9. Can clearly picture in my mind what I want to happen in my future.					

II Social questions

4) Social network

a. Social network exercise

Ask the child to draw him/herself in the centre with a little log or symbol (1, such as a flower or a stone or an animal). Or the child can write his/her name. Then ask him/her to draw in the circle (2) the persons which he/she feels the most important in his/her life right now and ask the child to draw them, also with a logo; and then to draw the other less important persons in circle (3) and (4).



Circles	People cited
1	
2	
3	
4	

5) Friendliness (*extracted from [NEO Personality Inventory-Revised](#)*)

Below are 10 statements about friendliness. Please indicate if you agree or not which each of them.

	Very slightly or Not at all	A little	Moderately	Quite a bit	Extremely
1. Make friends easily.					
2. Warm up quickly to others.					
3. Feel comfortable around people.					
4. Act comfortably with others.					
5. Cheer people up.					
6. Am hard to get to know.					
7. Often feel uncomfortable around others.					
8. Avoid contacts with others.					

9. Am not really interested in others.					
10. Keep others at a distance.					

6) Secure and attachment (*extracted from [The Goal and Mode Values Inventories- GMVI, part2](#)*)

Below are listed different goals that various people have used as guiding principles in their lives. By goals we mean any state of affairs that a person might strive for as well as any state of affairs that a person may wish to preserve or keep as it. Please indicate the extent to which you accept or reject each of these goals as a principle for you to live by.

	Strongly disagree	Disagree	Slightly disagree	Neither agree nor disagree	Slightly agree	Agree	Strongly agree
1. Mature love (having a relationship of deep and lasting affection)							
2. True friendship (having genuine and close friends)							
3. Personal support (knowing that there is someone to take care of you)							
4. Security for loved ones (taking care of loved ones)							
5. Acceptance by others (feeling that you belong)							

7) About your behavior (*extracted from [Strength and Difficulty Questionnaire- SDQ](#)*)

For each item, please mark the box for Not True, Somewhat True and Certainly True. It would help us if you answered all the items as best as you can even if you are not absolutely certain or the item seems daft! Please give your answers on the basis of how things have been for you over the last six months.

	Not True	Somewhat True	Certainly True
I try to be nice to other people. I care about their feelings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am restless, I cannot stay still for long	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I get a lot of headaches, stomach-aches or sickness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I usually share with others (food, games, pens etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I get very angry and often lose my temper	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am usually on my own. I generally play alone or keep to myself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I usually do as I am told	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I worry a lot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am helpful if someone is hurt, upset or feeling ill	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am constantly fidgeting or squirming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have one good friend or more	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I fight a lot. I can make other people do what I want	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am often unhappy, down-hearted or tearful	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other people my age generally like me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am easily distracted, I find it difficult to concentrate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am nervous in new situations. I easily lose confidence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am kind to younger children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am often accused of lying or cheating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other children or young people pick on me or bully me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I often volunteer to help others (parents, teachers, children)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I think before I do things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I take things that are not mine from home, school or elsewhere	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I get on better with adults than with people my own age	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have many fears, I am easily scared	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I finish the work I'm doing. My attention is good	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

III Skills and abilities questions

8) School

For teacher: are the children good at school? Do they misbehave?

School competencies: results

9) Coping and empowerment *(extracted from [The Arc Self-Determination Scale \(ARC-SDS\), part 3, scale psychological Empowerment](#))*

Below are 16 questions. Please read each statement, and tick one of the two boxes of each question: the one which correspond the better to you.

1.
 - I usually do what my friends want.
 - I tell my friends if they are doing something I don't want to do.

2.
 - I tell others when I have new or different ideas or opinions.
 - I usually agree with other peoples' opinions or ideas.

3.

- I usually agree with people when they tell me I can't do something.
- I tell people when I think I can do something that they tell me I can't.

4.

- I tell people when they have hurt my feelings.
- I am afraid to tell people when they have hurt my feelings.

5.

- I can make my own decisions.
- Other people make decisions for me.

6.

- Trying hard at school doesn't do me much good.
- Trying hard at school will help me get a good job.

7.

- I can get what I want by working hard.
- I need good luck to get what I want.

8.

- It is no use to keep trying because that won't change things.
- I keep trying even after I get something wrong.

9.

- I have the ability to do the job I want.
- I cannot do what it takes to do the job I want.

10.

- I don't know how to make friends.
- I know how to make friends.

11.

- I am able to work with others.
- I cannot work well with others.

12.

- I do not make good choices.
- I can make good choices.

13.

- If I have the ability, I will be able to get the job I want.
- I probably will not get the job I want even if I have the ability.

14.

- I will have a hard time making new friends.
- I will be able to make friends in new situations.

15.

- I will be able to work with others if I need to.
- I will not be able to work with others If I need to.

16.

- My choices will not be honored.
- I will be able to make choices that are important to me.

10) Vulnerability (extracted from [*NEO Personality Inventory-Revised*](#))

Below are 9 statements dealing with your vulnerability and stress. Please indicate if you agree or not which each of them.

	Very slightly or Not at all	A little	Moderately	Quite a bit	Extremely
1. Panic easily.					
2. Become overwhelmed by events.					
3. Feel that I'm unable to deal with things.					
4. Can't make up my mind.					
5. Get overwhelmed by emotions.					
6. Remain calm under pressure.					
7. Can handle complex problems.					
8. Know how to cope.					
9. Readily overcome setbacks.					

Some questions can be added according to the situation (fear of another disaster, etc.).