Democratic Republic of the Congo

Total population (UN official estimates): \(^a\) 69,360,118

WHO Region: AFR

Income group: Low income

Total health expenditure per person (US$, 2013) \(^b\) $16

Availability / status of mental health reporting: No mental health data compiled in last two years

Mental health system governance

Mental health policy

Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 1999

Implementation status: Available but not implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 1

Policy / plan is in line with human rights covenants (Year of policy / plan):

Implementation status:

Involvement of service users and families (as reported by MoH focal point):

a. INFORMATION gathered / disseminated by MoH Not implemented

b. POLICY on participation developed / published by MoH Not implemented
c. EARLY INVOLVEMENT in mental health policy and law Not implemented
d. PARTICIPATION in MoH planning, policy, service development and evaluation Not implemented
e. RESOURCES available for participation and reimbursement Not implemented

Resources for mental health

Mental health financing

Main source of funds for care of severe mental disorders: Households

Inpatient / outpatient budget breakdown reported: No

If yes, estimated mental health spending per capita (US$): Not applicable

Human resources for mental health

Total reported staff (mental health inpatient care) 599

Total reported staff (mental health outpatient care) 39

Total mental health workers per 100,000 population 0.9

Mental health workforce (rate per 100,000 population)

Mental health service availability and uptake

Outpatient care (total facilities)

Mental health outpatient facility 2 Mental health outpatient visits Not reported

Mental health day treatment facility 1 Mental health day treatment sessions 0

Inpatient care (total facilities)

Mental hospitals 6 Mental hospital beds / annual admissions 0.4 / Not reported

Psychiatric units in general hospitals 2 General hospital psychiatric unit beds / annual admissions Not reported / Not reported

Residential care facilities 0 Residential care beds / annual admissions 0.0 / 0.0

Mental health hospitals

Total number of inpatients Not reported Inpatients staying less than 1 year Not reported

Admissions that are involuntary Not reported Inpatients staying 1-5 years Not reported

Discharged inpatients followed up within one month Not reported Inpatients staying more than 5 years Not reported

Treated prevalence (total cases)

Treated prevalence (per 100,000 population) Not reported

Mental health promotion and prevention

Existence of at least two functioning programmes No (or not reported)

Existence of a suicide prevention strategy No

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\(^b\) WHO Global Health Expenditure Database; [http://apps.who.int/nha/database](http://apps.who.int/nha/database)


Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.